

Medical matters

The Kareena Private Hospital Newsletter



Kareena Private Hospital
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Issue 1
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KAREENA
PRIVATE HOSPITAL

Grand Plans for Kareena

Kareena looks set to significantly expand given the new master plan designed for the site by Hassells Architects. The new look Kareena Private is proposed to include a new multi storey building with the following additional facilities:

- Specialist consulting suites
- Additional theatres
- Additional ward beds
- Purpose built rehabilitation facilities
- Additional Parking on site.

Hospital CEO Ms Sue Panuccio said 'The new development will provide Kareena with the capacity to grow to meet the increasing demand we are experiencing. This is an exciting time for us all.'

New Executive Team



Ms Sue Panuccio
Chief Executive Officer

New Chief Executive Officer - Ms Sue Panuccio joined the Kareena team in July having moved down from Brisbane. Sue was an executive member at the Ramsay owned Greenslopes Private Hospital – the largest private hospital in Australia. There she managed a board portfolio of corporate support services, as well as managing the significant refurbishment and construction program there. Previous CEO Mr Malcolm Passmore has remained in the Ramsay team and has moved to Figtree Private Hospital at Wollongong.



Mrs Indra Wijetunga
Director of Clinical Services

Director of Clinical Services - Mrs Indra Wijetunga has joined Kareena having an extensive senior management expertise and a clinical career overseas and in Australia. As the previous Program Chair of the Peri-Operative and Critical Care Services at the Westmead Children's Hospital and prior to that at the Hills Private Hospital, Indra's focus on clinical matters will ensure Kareena's vision to provide consistent clinical excellence will be realised.



Ms Joanne Parker
Finance & Administration Manager

Finance & Administration Manager - Joanne Parker has been a Kareena executive member since August 2002. Prior to June this year her role was Area Business Manager for both Kareena & Nowra Private Hospital's, accountable for all Finance and Administration areas of the hospital. Now with a sole focus on Kareena and the newly added responsibility of business development she looks forward to the expansion of Kareena.

New Cardiac Monitor - An Australian First



Kareena Private Hospital has recently installed the latest cardiovascular imaging and interventional system which provides Digital Subtraction Angiography (DSA) from Toshiba.

The primary use of the catheter laboratory up until now has been to treat and diagnose narrowed coronary arteries that supply the heart muscle.

With the inclusion of DSA, Kareena Private Hospital is

now able to provide diagnosis and treatment to other blood vessels outside the heart, such as narrowing of the arteries in the legs, neck and kidneys.

Cardiologist Dr Mark Sader was the first to use the new Toshiba system at Kareena.

Left: The new solid state imaging C-arm system.

In this issue

- Great new internet site
- 1300 years of Nursing Expertise
- Expanded Special Care Nursery
- GP Education Events
- New Rehabilitation Program

1300 years of Nursing Expertise



Over 80 staff of the Kareena Private Hospital celebrated over 1300 years of combined service to the hospital at two celebrations in September.

The cocktail events held at the hospital's new Rehabilitation Gymnasium were great successes and recognised the contributions of all of the special invited guests. Maxine Collier, who has been employed by the hospital for over 36 years explains her reason for her long association with Kareena, 'Kareena is a unique friendly hospital. I have grown with the hospital as its grown - I got engaged here, I got married here, had 3 babies who are now aged between 25 and 30 years.'

Loretta Neill and Kathleen Dellow who have each been with Kareena for the longest clocking up over 29 years each, were part of Kareena's history and would remember the early days when the hospital was only two ward and the owner of the land 'Fred Matson' painted the landscapes decorating the walls and did the gardening hence the Matson Courtyard is still a great place to relax. Fred's wife did all the mending of the gowns and the hospital owner Dr Harry and Pat Segal and their children who were both doctors also helped with the hospital administration.

Great new internet site

Kareena has recently significantly updated its web site. GP's can now access information and contact details for active specialist at the hospital. Details on how to refer a patient are also provided as well as a wealth of information for patients and visitors.



Try out our new website at

www.kareenaprivate.com.au

Expanded Special Care Nursery



Work will commence in November to increase the capacity to 4 special care beds and a resuscitation bay. During the construction the Special Care Nursery will be temporarily relocated to Room 13 in the maternity ward.

Emergency Emergency Emergency!

Did you know that Kareena's Emergency Department is one of only 3 private ED's in Sydney and the only private one in southern Sydney.

Important facts about Kareena's Emergency Department

- Fully staffed Emergency Department and short waiting times
- Specialists on call 24 hours a day including cardiology, surgery, general medicine, orthopaedics, gynaecology, plastic surgery and many more.
- X-ray, pathology lab, C.T. Scan and Ultrasound testing available 24 hours a day.
- This is a fee-for-service department – patients can claim a portion back from Medicare and some private health funds.
- Department of Veteran's Affairs Gold Card and eligible White Care holders are treated at no cost to the patient.

GP Education Events

We invite you to attend the upcoming GP education evening.

22 November

'Up Close and Personal'

Just like speed dating, you get 15 minutes with each of 6 specialists to get to know them, ask questions or seek advice all in only 2½ hours.

Specialists featured include:

- General surgery
- Plastic surgery
- Gastroenterology
- Obstetrics & Gynaecology
- Orthopaedic surgery
- General surgery (*Breast and Endocrine*)

Venue: Bluefin Lounge
Cronulla Sutherland leagues Club
Captain Cook Dr, CRONULLA

Time: 6.30pm – 9.00pm

RSVP: Pam Ryan on 9717 0101 by 15 November

Strictly limited seats available

For more information or to be included on our fax database please contact Kareena Private Hospital Executive Offices on 9717 0101.

Program for 2007

The program for 2007 is being finalised and will be available shortly on the hospital's new website:

www.kareenaprivate.com.au



Kareena Private Hospital GP Education

The first Kareena GP education event 'How to Mend a Broken Heart' was held on Saturday 21 October. Dr Mark Sader (Interventional Cardiologist) & Dr Suresh Singarayar (Cardiac Electrophysiologist) led the program which covered Acute Coronary Syndromes and Atrial Fibrillation and included a number of skill stations, and a case study discussion panel.

The program received an excellent evaluation from participants. Thank you to all the specialists and Kareena staff involved in making this a very successful event.



Kareena's New Rehabilitation Program

The new rehab service opened at Kareena in August 2006. The 24 bed facility is providing care for inpatients avoiding the need to transfer them offsite and providing better patient outcomes. After less than 3 months operation, the unit was filled to overflowing and plans are on the table to expand to provide day and out patient services in the near future. New NUM, Michelle McDonnell and Allied Health Manager Carol Lausch are thrilled with the success and the way in which the teams work together. Patients are happy too. Mrs Dorothy Byles has had first hand experience after a knee replacement. "I can only say good things. The program is very good, the staff are excellent and very helpful." For information about the rehabilitation program please contact Michelle on 9717 0342.



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