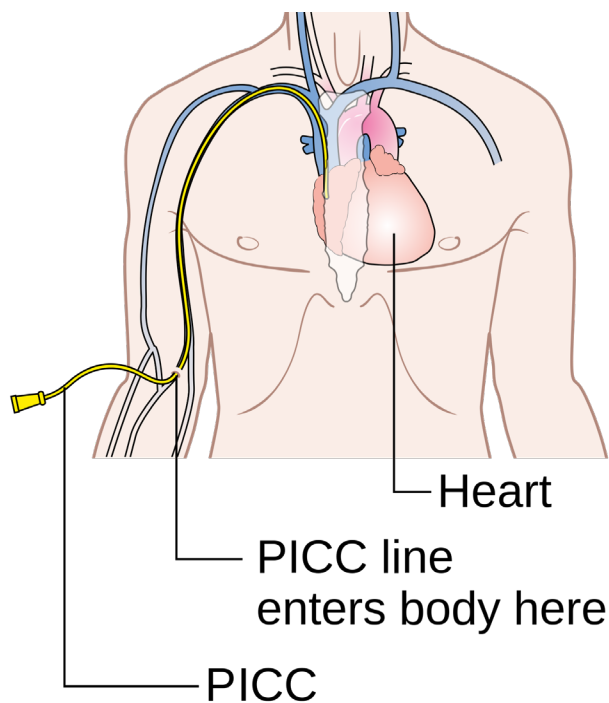


What is a PICC Line?

A Peripherally Inserted Central Catheter or PICC Line is a long flexible hollow tube. This hollow tube is called a lumen, with each lumen having a clamp and cap on the end. A PICC line can have up to 3 lumens.

It is used for the administration of medications directly into your vein for a long period of time. It is inserted into a vein usually in the arm and the tip of the catheter sitting in a larger vein above the heart. Most of the line will be inside the body but a small amount will sit outside the skin.

The PICC line remains insitu for the duration of treatment and can be left in your arm for weeks to months if cared for correctly.



Important Information:

PICC Details	
Name:	
Insertion Date:	
Insertion Site:	Left <input type="checkbox"/> Right <input type="checkbox"/>
Type:	
Device Length	Internal: cm
	External: cm
Sutured:	Yes <input type="checkbox"/> No <input type="checkbox"/>
Number of Lumens:	1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/>
1	
2	
3	
Dressing Change:	
Date Removed:	

Contacts:

Ward/Department _____

Ward Contact Number _____

Community Nurses _____



**Kareena
Private Hospital**
Part of Ramsay Health Care

86 Kareena Road
Caringbah NSW 2229
Ph: 02 9717 0000

kareenaprivate.com.au

People caring for people.



MR0051986 KarPH How to care for your PICC Line 6PP DL 0225

Patient Information

How to look after your PICC Line



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When to Seek Help?

Emergency Care at Home:

Breakage or rupture - Bend the catheter/lumen over as close to the insertion site as possible.

Wrap tape or an elastic band around it to kink it off

PICC dislodged - If the PICC dislodges i.e is out further or in further than previously measured. Do not attempt to push it back in.

PICC removed - Apply pressure as close to the insertion site with clean gauze or a cotton ball for 5 minutes. Cover site with dressing or gauze.

Excessive bleeding from site - Press firmly with clean gauze or a cotton wool ball at the site for 5 minutes.

Bung or Connector comes off – if there are clamps, ensure they are closed. Do not attempt to reconnect bung/connector. Cover end with gauze.

For any of these situations call the number provided by your care team. Alternatively you can contact Kareena Private Hospital on 9717 0000 and speak to nursing staff.

If out of hours please present to your nearest emergency department.

What does it look like?

The PICC is secured using a clear dressing and a securing device. The dressing acts as a barrier to prevent infection and allows the area to remain clean and dry.

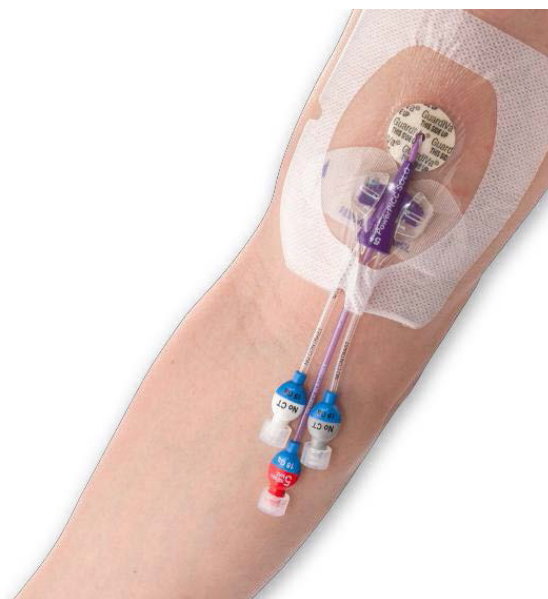
The securement device prevents the PICC line from being accidentally dislodged or removed. Tubigrip or tubifast may be applied over the line for support and comfort.

The PICC is checked by our care team at every visit, with dressing changes every 7 days and the PICC line will be removed on completion of treatment

Dressing Care:

- Ensure dressing is kept clean and dry at all times
- Keep PICC line secure and regularly check the dressing to make sure it is not coming off.

Never try to change or remove the dressing yourself.



Caring for your PICC line

Avoid touching your PICC line and dressing. Always wash your hands before handling.

Physical Activity:

- There are some activities that you will not be able to do with a PICC. Avoid heavy lifting, sports, or reaching above your head repeatedly.
- Be mindful of your PICC line to avoid dislodgement or it being pulled out.

Washing and Showering:

- When showering ensure that the PICC line is kept out of water to prevent the risk of infection. Before having a shower, cover with a plastic bag/ plastic wrap/waterproof sleeve. Tape at the top and bottom to protect from water getting under the dressing
- Do not swim or immerse PICC line in water

What to report to my care team?

- Pain, redness, swelling at the insertion site or in the shoulder or neck
- Itchiness, redness or blistering underneath the dressing
- Blood or fluid oozing from the insertion site or under the dressing
- If the dressing is lifting, completely come off, wet/moist or dirty. Do not attempt to change yourself
- If the bottle of medication is not emptying or the pump keeps alarming
- Do not inject anything into the line yourself, unless instructed to do so.