



# Staff News

SUMMER 2012

Merry Christmas



## Message from the CEO

I thought I would take this opportunity on behalf of Sharon, Suzanne, Pam and I to pass on Christmas wishes and all the best for the Christmas period to all of our staff, VMOs, Volunteers and associated team members. It has been a very busy year for Kareena in which we have gone from strength to strength. Some of the achievements have been:

- Extending our conference room
- Building our new reception area
- Extending the Gym and rehab area
- Commencement of RPS Physio and Hydro services
- Appointment of Marketing Officer
- Appointment of Maternity bookings coordinator
- Finishing of business plan for the new ward, ICU, Chemo, new theatres etc.
- Commencement of Chef Max dietary preference program
- Qualified 3 x TENS
- Commenced 5 x New Grads
- Tomorrow starts today Innovation award
- Started 4 x new SMOs reducing agency
- New Hospital wide ported

- 24 hour OT on Botany bay to assist with transition home for patients.
- Appointed NUM of Anaesthetics and recovery.
- New Tea room for all staff
- Refurbished Courtyard for Patients, staff and visitors
- One of lowest attrition rates in Ramsay health.
- No lost time injury days for the year.
- Painted all wards and common areas
- New ventilator for ICU
- New Echo machine for cardiologists
- New Ultrasound for Maternity
- Undergrads welcomed back to hospital after partnership renewed
- 7 day rehab services
- Maintained full occupancy on Endeavour
- Recruited several new VMOs
- Replaced Anaesthetic machines in Theatres.
- Purchased all new cleaning trolleys and Bomb machine for disinfecting rooms.
- Achieved all our budgeted goals

These are a few of the things we have achieved as a team this year plus much more. You should all be very proud of these achievements and the part you have played both individually and as a team in making them happen. I hope you are all lucky enough to get a similar break so we can arrive back refreshed for next year. Good luck with ISO accreditation and I will see you all again very soon.

Steven Schultze, CEO

## Kareena celebrates long serving stars

Staff and management gathered in our brand new courtyard for the annual Years of Service ceremony. Congratulations to the following employees who celebrated fantastic milestones.

### Thirty Five Year

#### Anniversaries:

Kathleen Dellow  
Loretta Neill

### Twenty Five Year

#### Anniversaries:

Penelope Maclean

### Twenty Year

#### Anniversaries:

Margaret Aggett  
Sonya Debruyne  
Sandra Fryz  
Nicole Newham  
Anne Nieckula

### Fifteen Year

#### Anniversaries:

Jane Bunting  
Sandra Clement  
Lesley Julius  
Janet Loupos  
Brenda Seaberg  
Meagan Starling  
Kim Strauss  
Tracey Thomas  
Susan Tallis

### Ten Year

#### Anniversaries:

Lorraine Colthart  
Shona Cosmai  
Bernadette Dunne  
Cathrine Flanagan  
Ann Johnstone  
Suzanne Maloney  
Cherylin Moses  
Pamela Ryan  
Maria Syles  
Patricia Toma  
Michele Warnett  
Maree Cox  
Jane Harrison  
Yvonne Hart  
Katrina Sachmacinski



## ISO Accreditation

Due to the availability of surveyors our ISO Accreditation assessment has been moved to December 20<sup>th</sup> and 21<sup>st</sup>. The Executive team appreciate how close to Christmas this is and are confident our team can pull together for a successful outcome.

### What does this mean for you?

- Every department will be reviewed against the core ISO standards.
- Every department must check that all document/ posters/ brochures are document controlled stamped or placed on the external register.
- All staff should familiarise themselves with EQ Stats.
- Any staff member that is unsure of where to find their department's policies and procedures should ask their manager.

**KAREENA**  
PRIVATE HOSPITAL



# Kareena Private's Staff Christmas Party- The Mad Hatter Wonderland!

Friday 23<sup>rd</sup> November 2012 at the St George Motorboat Club







The Executives would like to wish all our staff a very Merry Christmas and a Happy New Year!





## EDUCATION NEWS

### Kareena Looks forward to welcoming a new group of Grad Plus RN's in 2013

Eleanor Walsh – Operating Theatre  
Rashmi Shrestha – Endeavour ward

### Congratulations to our Diamond Club Preceptors state nominees

Rhonda Townsend Operating theatre nominated by Shrijana Ghimrey  
Kaye Field – Kingsway nominated by Melissa Johnston  
Claire Rutherford – Botany Bay nominated by Catherine Montague  
Louise Day-ESU- nominated by Catherine Montague.

**Congratulations** to Ritchelle Enriquez from Operating Theatre, who has been successful in her Ramsay Post Graduate Scholarship application and has been awarded \$3,500 toward her Graduate Certificate in Perioperative Nursing.

### Recognising and Responding to Clinical Deterioration

To meet National standard 9 this program has been successfully rolled out at Kareena to all clinical staff who have attended the education series and completed the accompanying quiz. This initiative will help to keep our patients safe from deterioration by having a structured monitoring escalation plan.

### SIM Man (simulation) has arrived at Kareena Private

The ALS Simulator is a teaching and learning manikin that responds to clinical intervention, instructor control, and preprogrammed scenarios for effective practice of diagnosis and treatment of patients. With spontaneous breathing, airway control, voice, sounds, ECG and many other clinical features, the ALS Simulator is a fully functional emergency care simulator.



### Congratulations to the following staff who have been supported in their Continuing Professional Development

#### July

B.Fegan-Clinical update in Midwifery Practice  
A.Jensen- Clinical update in Midwifery Practice  
C.Rutherford-Advance Palliative Care Nursing  
K.Eather- Excell trining basic & intermediate  
M.Githens-Clinical updates in anaesthetics& post op anaesthesia nursing.  
L.Watters- Extremities bioskills Course  
P.Shrestha-Update in anaesthetic & PAC nursing

#### August

S.Howells-Hartman wound seminar  
R.Punzlen-Hartman wound seminar  
K.Mc Nally-Pathway to consumer focused organisations  
B.Seaberg- Pathway to consumer focused organisations  
C.Chapman-NSW social media  
E.Curran-Scrub club professional development series  
S.Geary- Shoulder workshop  
L.Viegas- Shoulder workshop  
A.Demetrios- Shoulder workshop  
L.Watters-Shoulder workshop  
B.Salcinovic-Aquatic physio level 1  
M.zammit-FIM training  
L Van Voorst-environmental home modifications level 2 & 3  
K.Crawford-ADHA conference  
P.Johnson- ADHA conference  
L.Bently-Day surgery nurses association seminar

#### September

P.Shrestha-Scrub club  
S.De Bruyn-Midwifery seminar-working together  
D.Harmer-ANNN annual conference  
K.Sachmanski- ANNN annual conference  
K.Koschnick- ANNN annual conference  
S.Churcher-Periop orthopaedic hip seminar  
L.Viegas- Periop orthopaedic hip seminar  
J.Cresswell-DSNA conference  
L.Platt- DSNA conference  
P.Maclean- DSNA conference

#### October

K.Chettiar-Australian Gastroenterology conference  
R.Enriquez- Australian Gastroenterology conference  
A.M.Donnely-It's a knock out/anaesthetic cocktails  
K.Frank-Life threatening problems in maternity

#### November

B.Salcinovic - Dry Needling Plus level 1  
L Van Voorst – Rehabilitation appliances program workshop  
C.Bennett – FIM trainer workshop

#### December

L.Day – Preventing falls in the Hospital setting

## Out Patient Physio Service proves successful at Kareena!

Kareena Private is excited to introduce the newest Physiotherapy practice in the Sutherland Shire operated by Ramsay Professional Services. The Out Patient Physiotherapy services offers excellence in care with state-of-the-art equipment and facilities with renovations to the gym recently completed. The Out Patient Physiotherapy service provides management of post operative and surgical care, sports injuries and osteoarthritic conditions. Individualised treatment programs will include manual and exercise therapy, in conjunction with the additional benefits of hydrotherapy. The dedicated Out Patient Physiotherapy staff are all registered Physiotherapists and accredited members of the Australian Physiotherapy Association.



## Outpatient Physiotherapy Services

Introducing the newest Physiotherapy practice in the Sutherland Shire operated by Ramsay Professional Services. The Outpatient Physiotherapy service at Kareena Private Hospital offers excellence in care with state-of-the-art equipment and facilities.

[www.kareenaprivate.com.au](http://www.kareenaprivate.com.au)

For more information & appointments:

02 9717 0162

...your health is our life!

86 Kareena Rd, Caringbah 2229

