

Staff News

April 2013

Message from the CEO

Dear Staff,

It has been a very busy time since the last staff news. The Exec have been preparing our long awaited business case to present to the Ramsay Board and we are hopeful of a positive outcome in the near future. This will be transformational for the hospital with the addition of Ophthalmology, Spinal Surgery and Oncology. These new streams of specialisation will add learning opportunities for our existing nursing staff as well as the recruitment of additional specialist staff to these areas. We will be adding two additional operating theatres bringing the total to 7 plus the existing procedure room. Maternity will get a long overdue revamp and we will also add a new ICU and a 25 bed surgical ward. It is planned to run a series of information nights for staff and Doctors to become familiar with the proposals and for any comments about the plans you have in the extended hospital conference room once the building is approved.

Kareena continues to set records for occupancy and our staff and patient satisfaction are improving as is the physical amenity with the addition of our new reception and staff tea room. Currently we are rolling out new monitors And PCs to all work stations and IT have recently upgraded us to windows 7 which has created a few challenges but as with all change "no pain, no gain!"

I am hoping for a conclusion to our long running saga with the car parking shortly and will bring all staff up to date as our DA makes its way through the Sutherland Shire Councils processes. Included in this is a proposed further reduction in the staff parking rate. Hopefully this will be confirmed shortly. If and when the building commences with our extensions we will likely have to make alternative parking available off site for staff during the construction period.

2013 will be a year like no other at Kareena where we sew the seeds of a major metropolitan hospital where residents of the Shire can seek out most forms of medical treatment without the need to head into Sydney. We look forward to a full and fruitful year ahead.

Steven Schultze, Kareena Private CEO

Are you up to the challenge?



There's still limited spots left to compete in the Kareena Fitness Team Challenge. See the notice board in the Gym ASAP if you're team hasn't entered yet. Good luck to all the remaining teams to compete! Winners announced end of April.

Who will take home the glory of winning the Kareena Challenge?

Introducing Puni Arulanantham Chemtronics Biomedical Engineer

Puni Arulanantham is very much a people orientated person who strives to provide high quality service.

After gaining his Associate Diploma in Electrical and Electronics Engineering in the late 80's, he embarked on a career in servicing Medical, Pathological and Laboratory equipment.

Puni has recently gained his Masters of Business Information Technology at RMIT University where he specialised in Healthcare Management.

To compliment his university studies and practical work experience, Puni has received manufacturer training from many organisations including: Compumedics Ltd, Baxter Healthcare, GE Healthcare, Drager Medicals, and Puritan Bennett.

EDUCATION NEWS



Welcome to our New Graduate Registered Nurses, Registered Midwives and Enrolled nurses who are participating in a supported Graduate program.

Registered Nurses	Enrolled Nurses	Registered Midwives
Rashmi Shrestha	Joseph Bude	Cara Salvaneschi
Eleanor Walsh	Madeleine Cox	
Karissa Martin	Jonothan Maclean	



Congratulations to the 2012 graduates:
 Mintu Shrestha – full time position in Botany Bay ward and Recovery
 Melissa Johnston – Part time position in Kingsway ward
 Penny Brown – Full time position in Kingsway ward
 Catherine Eve – Part time position in Endeavour ward
 Karen Murphy – Full time Matson Ward
 Crystal Franke – Full time Matson Ward



Kareena has joined a new partnership with University of Technology Sydney providing clinical placements to Nursing Undergraduates. Congratulations to Ellen Pryke and Janeice Fairbairn we have been appointed as clinical facilitators. Please welcome our undergraduate students to the facility if you meet them as they are our future nurses.



Congratulations to State Preceptor of the month nominees:

Claire Rutherford – nominated by Mintu Shrestha
 Sandra Fryz – nominated by Catherine Montague



Above Seniors Week at Sutherland Leisure Centre
 & below April Falls Day (Falls Prevention).



MANDATORY TRAINING

All staff are reminded to complete Mandatory training via the E learning modules and face to face training please check the in-service calendar in your area for dates.

Tips to stay safe at work



NATIONAL SAFETY TEAM
 People caring for people
 & their safety

Manual Handling

See it



Assess it

See how likely it is that someone will be exposed to the hazard and how likely it is, and how badly, that someone will get hurt.

Fix it



Evaluate it

See whether 'the fix' is successful in controlling the hazard.

Review it

Check to see if the changes made are still effective



WS

TOPIC: Electrical Safety – What's the Problem?



Electrical incidents, and worker injury related to electrical events, are continuing to occur at Ramsay Hospitals!

Electrical safety is **EVERYONE'S RESPONSIBILITY**.

Electrical safety should be observed **EVERY TIME** you even think about touching something connected to an electrical circuit!!

No-one is immune to injury from electricity – We need to be more vigilant.

Orthopaedic Workshop @ Kareena

Staff were able to attend a hands on Orthopaedic workshop at Kareena which provided a valuable insight into orthopaedic procedures.

Congratulations to the following staff who have been supported in their continuing professional development

February

S Picken – Immunisation Certificate
J Kenaly – DSU study day
S Maloney - DSU study day
B Seaberg - DSU study day
L Bentley - DSU study day
P Maclean - DSU study day
E Pryke – Assessor Skill set course
D Watt – Electrical tag and test course

March

L McElhatton – Smith and Nephew wound management
B Paul - Smith and Nephew wound management
S Bhandari - Smith and Nephew wound management
J Hurley – Orthopaedic nurses rotator cuff repair workshop
M Wall – OTA annual conference
Y Hart - OTA annual conference
K Chettiar – Endoscopy Symposium
K Garvan – J and J Lapcolorectal training course
S Hahn – Circle of parent training



April

S Fryz – Nursing people 85 plus
E Curran – Difficult airway management
G Allchin – Difficult airway management
D Baulch – AONA NSW annual conference
L Shaw – Orthopaedic nurses conference
E Pryke - Orthopaedic nurses conference
K Gilmore - Orthopaedic nurses conference

Sharkies visit Kareena for Wellness Day!



Kareena recently hosted their annual Wellness Expo for all staff. Kareena hosted a healthy BBQ lunch with representatives from various wellness organisations exhibiting including HIP super, ME Bank, HCF, Endota Spa Gynea, Hesta, Bupa, Fitness First and Breastscreen Australasia. A special guest appearance was made by 3 Cronulla Sharks football players who chatted with staff and posed for photos. Congratulations to all the winners of the lucky door prizes! There were 13 prizes ranging from Ramsay umbrellas to big Easter hampers.

Kareena turns 50 in 2014!

Kareena Private Hospitals 50th Anniversary Party

To be held in Nov 2014 - More details to come!

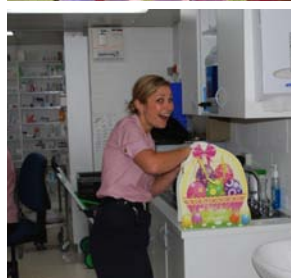
Three things you might have noticed lately...

Kareenas looking a little brighter with new LED lights throughout the hospital.

Kareena has performed its first egg retrieval procedure under Dr Zuschmann.

Kareena launched Chefmax, a new system that lets our catering staff take menu orders through a portable tablet.

Christmas Party Theme has been set!



Short Circuit bike ride, Color Run, Michelle's 40th birthday & Easter celebrations at Kareena.

2013 Events & Happenings

at Kareena Private Hospital

FEBRUARY

10 > The Colour Run

5km Charity Fun Run- See Linda for registration details!

Venue: Sydney Olympic Park

Contact: Linda Ext. 2131

16 > Short Circuit Cancer Ride

Venue: National Park

Contact: Jo, Orthocentre

MARCH

Flu Vax Month

Contact: ESU Ext. 2225

17 - 24 > Seniors Week

Venue: Caringbah Leisure Centre/Engadine/Sutherland/Hospital

Contact: ESU Ext. 2222

23 > Earthhour 8.30pm

All Dept. Heads to encourage staff to participate

27 > Wellness Expo

Venue: Courtyard

Contact: ESU Ext. 2222

APRIL

> Kareena Team Challenge

Ultimate Team exercise challenge!

Venue: Gym

Contact: Carol Lausch Ext. 2181

24 > Administrative Professionals Day/Staff Appreciation Day

Venue: Courtyard

25 > ANZAC Ceremony

Venue: Courtyard

MAY

5 > International Midwives Day

Venue: Throughout the Hospital

Contact: Jacqui Palmer Ext. 2214

11 > GP '000 Training

Contact: ESU Ext. 2222

12 > International Nurses Day

Venue: Throughout the hospital

Contact: DCS Ext. 2202